兰 美党规划

FORM PTO-1390 U.S. DEPARTMENT OF COMMERCE PATENT AND TRADEMARK OFFICE (REV 12-29-99)		PATENT AND TRADEMARK OFFICE	ATTORNEY'S DOCKET NUMBER						
TRANSMITTAL LETTER TO THE UNITE		UNITED STATES	7024465PUR99						
DESIGNATED/ELECTED OFFICE (DC			U.S. APPLICATION NO. (If known, see 37 CFR 1.5)						
	CONCERNING A FILING UNDER	` /	09/555987						
INTERNATIONAL APPLICATION NO. INTERNATIONAL FILING DATE PCT/US98/26469 December 11, 1998			PRIORITY DATE CLAIMED December 12, 1997						
	TITLE OF INVENTION METHODS AND COMPOSITIONS FOR TREATING DIABETES								
APPLICA	APPLICANT(S) FOR DO/EO/US John P. VANDEN HEUVEL; Martha A. BELURY; and Louise W. PECK								
	Applicant herewith submits to the United States Designated/Elected Office (DO/EO/US) the following items and other information:								
1. X	This is a FIRST submission of items concerning a fili	ing under 35 U.S.C. 371.							
2.	This is a SECOND or SUBSEQUENT submission of	items concerning a filing under	35 U.S.C. 371.						
3. X	This express request to begin national examination pr	ocedures (35 U.S.C. 371(f) at ar	ny time rather than delay						
4. X	examination until the expiration of the applicable tim A proper Demand for International Preliminary Exami	e limit set in 35 U.S.C371(b) an ination was made by the 19th mo	nd PCT Articles 22 and 39(1). onth from the earliest claimed priority date.						
5. X	A copy of the International Application as filed								
	a. is transmitted herewith (required only if		national Bureau).						
	b. has been transmitted by the Internationa								
₄ 🗖	c. X is not required, as the application was fi								
6. L	A translation of the International Application in		***						
/. <u></u>	Amendments to the claims of the International A								
	a. \square are transmitted herewith (required only). b. \square have been transmitted by the Internation		mational Bureau).						
	b. have been transmitted by the Internationc. have not been made; however, the time								
			ments has NOT expired.						
. П	d. X have not been made and will not be made		C 71/ \/2\\						
8. L 9. X	8. A translation of the amendments to the claims under PCT Article 19 (35 U.S.C. 371(c)(3)).								
All bath of declaration of the inventor(s) (33 0.3.C. 371(c)(4)), unsigned									
10.	A translation of the annexes to the International (35 U.S.C. 371(c)(5)).	Preliminary Examination Rep	oort under PCT Article 36						
Items 1	11. to 16. below concern document(s) or informa	tion included:							
11.	An Information Disclosure Statement under 37 C	CFR 1.97 and 1.98.							
12.	An assignment document for recording. A separa		with 37 CFR 3.28 and 3.31 is included.						
13.	A FIRST preliminary amendment.	Date of Deposit:	+ JUNE ZOUD						
	A SECOND or SUBSEQUENT preliminary ame	ndment.being deposited	y that this correspondence is with the United States Postal						
14.	A substitute specification.	Service "Express Addressee" servi	s Mail Post Office to ce under 37 CFR §1.10 on the above and is addressed to the						
15.	A change of power of attorney and/or address lett	Assistant Commis	ssioner for Patents, 20231.						
16. X	Other items or information:	Signature of per	son mailing paper or fee						
Α.	PCT Request								
В. С.	International Publication International Preliminary Examination	Report							
D.	Copy of Recorded U.S. Assignment	•							
5 ,	Cupy of Recorded U.S. Assign ment Wotif. of Change in Address of one of Applic	cants							

U.S. APPLICATION 10 (1) wr/ 55598		TERNATIONAL APPLICATION NO.			ATTORNEY'S DOCK		
17 X The felt	lowing fees are subn			ſ	CA	LCULATIONS	PTO USE ONLY	
BASIC NATION Neither internatio	AL FEE (37 CFR 1. ational preliminary e nal search fee (37 CF) and Search Report no	\$970.00						
International USPTO but In	preliminary examinat nternational Search R	\$840.00						
	oreliminary examinati search fee (37 CFR 1	PTO but \$690.00						
International but all claims	preliminary examina did not satisfy provi	2) .\$670.00						
	International preliminary examination fee paid to USPTO (37 CFR 1.482) and all claims satisfied provisions of PCT Article 33(1)-(4)							
	ENTER API	PROP	RIATE BASIC FEE AM	OUNT =	\$	670°		
	0.00 for furnishing the earliest claimed prior		or declaration later than 20 e (37 CFR 1.492(e)).	30	\$			
CLAIMS	NUMBER FILEI		NUMBER EXTRA	RATE				
Total claims		20 =	1	X \$18.00	\$	1800		
Independent claims		3 =	-abla)	X \$78.00 + \$260.00	\$	78-		
MULTIPLE DEP	ENDENT CLAIM(S) (OF ABOVE CALCULAT		<u>\$</u>	76600		
	for filing by small end (Note 37 CFR 1.9,	·	\$	700-5				
**			SURT	OTAL =	\$	766-		
	Processing fee of \$130.00 for furnishing the English translation later than 20 30 \$ months from the earliest claimed priority date (37 CFR 1.492(f)).							
	TOTAL NATIONAL FEE = \$ 766							
	Fee for recording the enclosed assignment (37 CFR 1.21(h)). The assignment must be accompanied by an appropriate cover sheet (37 CFR 3.28, 3.31). \$40.00 per property							
			TOTAL FEES ENC	LOSED =	\$	766-		
### ##################################					Ar	nount to be refunded:	\$	
							\$	
a. X A check in the amount of \$ 76600 to cover the above fees is enclosed.								
	b. Please charge my Deposit Account No in the amount of \$ to cover the above fees. A duplicate copy of this sheet is enclosed.							
c. The Commissioner is hereby authorized to charge any additional fees which may be required, or credit any overpayment to Deposit Account No. 23-3030. A duplicate copy of this sheet is enclosed.								
NOTE: Where an appropriate time limit under 37 CFR 1.494 or 1.495 has not been met, a petition to revive (37 CFR 1.137(a) or (b)) must be filed and granted to restore the application to pendin g status.								
	SEND ALL CORRESPONDENCE TO:							
			RIARTY & MCNETT 700	Kenne		A. GANDY	<i>U</i>	
1	111 Monument Circle Indianapolis, Indiana 46204 US **33							
				REGISTR.	ATIO	N NUMBER		

PTO/SB/11 (12-97)

Approved for use through 9/30/00, OMB 0651-0031

Patent and Trademark Office; U.S. DEPARTMENT OF COMMERCE

ander the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a world CAMP control property.

STATEMENT CLAIMING SMALL ENTITY STATUS (37 CFR 1.9(f) & 1.27(d))NONPROFIT ORGANIZATION	Docket Number (Optional) 7024-465					
.02,400						
Applicant, Patentee, or Identifier: <u>JOHN P. VANDEN HEUVEL, et al.</u>						
Application or Patent No.: 09/555,987						
Filed or Issued; June 7, 2000						
Title: METHODS AND COMPOSITIONS FOR TREATING DIABETES						
I hereby state that I am an official empowered to act on behalf of the nonprofit organization ic	dentified below:					
NAME OF NONPROFIT ORGANIZATION The Penn State Research Foundation						
ADDRESS OF NONPROFIT ORGANIZATION 304 Old Main						
University Park, PA 16802						
TYPE OF NONPROFIT ORGANIZATION:						
UNIVERSITY OR OTHER INSTITUTION OF HIGHER EDUCATION						
☐ TAX EXEMPT UNDER INTERNAL REVENUE SERVICE CODE (26 U.S.C. 501(a) and 501(c)(3))						
NONPROFIT SCIENTIFIC OR EDUCATIONAL UNDER STATUTE OF STATE OF THE UNITED STATES (NAME OF STATE) (CITATION OF STATUTE)	OF AMERICA					
WOULD QUALIFY AS TAX EXEMPT UNDER INTERNAL REVENUE SERVICE CODE (26 U.S.C. 501 IF LOCATED IN THE UNITED STATES OF AMERICA	(a) and 501(c)(3))					
WOULD QUALIFY AS NONPROFIT SCIENTIFIC OR EDUCATIONAL UNDER STATUTE OF STATE OF STATES OF AMERICA (NAME OF STATE) (CITATION OF STATUTE)	OF THE UNITED					
I hereby state that the nonprofit organization Identified above qualifies as a nonprofit org 1.9(e) for purposes of paying reduced fees to the United States Patent and Trademark Office redescribed in:	anization as defined in 37 CFR agarding the invention					
the specification filed herewith with title as listed above. the application identified above. the patent identified above.						
I hereby state that rights under contract or law have been conveyed to and remain we regarding the above identified invention. If the rights held by the nonprofit organization are reconcern, or organization having rights in the invention must file separate statements as to that no rights to the invention are held by any person, other than the inventor, who would no inventor under 37 CFR 1.9(c) If that person made the invention, or by any concern which business concern under 37 CFR 1.9(d) or a nonprofit organization under 37 CFR 1.9(e).	not exclusive, each individual, elr status as small entitles and ot qualify as an independent					
Each person, concern, or organization having any rights in the invention is listed below:						
no such person, concern, or organization exists. each such person, concern, or organization is listed below. Joint ownership with Purdue Research Foundation, Office of Technology Commercial 1291 Cumberland Avenue, West Lafayette, IN 47906	ization,					
I acknowledge the duty to file, in this application or patent, notification of any changentitlement to small entity status prior to paying, or at the time of paying, the earliest of the if fee due after the date on which status as a small entity is no longer appropriate. (37 CFR 1.28(c)	ssue fee or any maintenance					
NAME OF PERSON SIGNING Thomas J. Monahan (Reg. No. 29,835)						
TITLE IN ORGANIZATION OF PERSON SIGNING University Legal Counsel, Intellectu	al Property Office					
ADDRESS OF PERSON SIGNING 113 Technology Center, University Park, PA 16802	-7000					
SIGNATURE DATE August 3	1, 2000					

08/30/00 WED 16:06 FAX 7654961277 08/30/00 16:04 FAX 765 496 1146 08/30/00 WED 12:33 FAX 7654961277

AUG-30-00 WED 11:39

TECH COMMERCIALIZATION $\rightarrow \rightarrow \rightarrow$ WOODARD PURDUE RESEARCH

TECH COMMERCIALIZATION FAX NO. 317 637 7561

2002 Ø 002

2002

Woodard, Enhandl

P. 02/02

Under the Parenteric Reduction Act of 1995, no version	Paint and	Approved for up	PTUSE'11 (12: Incum SCOTO, CAR 0851-0 5, DEPARTMENT OF COMMEN
Statement Claiming Small (37 CFR 1.8(f) & 1.27(d))—NonPro	ENTITY STATUS	Dr. Instructional Links of	Deciet Number (Optional) 7024-465/pur99
Application or Patent No.: 09	hn P. Vanden Heuvel, /555,987 De 7, 2000 MS FOR TREATING DIAME	TES	
hereby state that I am an difficial empower NAME OF NONPROFIT ORGANIZATION ADDRESS OF NONPROFIT ORGANIZ 1291 Cumberland Avenue, I	ed to act on behalf of the monpro ON Purdue Research F	fit organization idea	
TYPE OF NONPROFIT OR GANIZATION: UNIVERSITY OR OTHER INSTITUTED			i
MTAX EXEMPT UNDER INTERNAL RE			
NONPROFITECIENTIFIC OR EDUC (NAME OF STATE (CITATION OF STATUTE	ATIONAL UNDER STATUTE OF S	TATEOFTHEUNI	TED STATES OF AMERICA
WOULD QUALIFY AS TAX EXEMPT U IF LOCATED IN THE UNITED STATE	INDER INTERNAL REVENUE SE IS OF AMERICA	RYICE CODE (28 L	LS.C. 501(a) and 501(c)(3))
U WOULD QUALIFY AS NONPROFITS STATES OF AMERICA IF LOCATE (NAME OF STATE (CITATION OF STATUTE	CIENTIFIC OR FOUCATIONAL U ED IN THE UNITED STATES OF A	NDER STATUTE C	F STATE OF THE UNITED
) hereby state that the nonprofit organiz 1.9(a) for purposes of paying reduced fires to l in:	cation identified above qualifies as the United States Patent and Tradi	a nonprofit organic amark Office regard	ation as defined in 37 CFR ing the invention described
the specification filed herewith with the the application identified above. the patent identified above.	ė na listed above.		
I hereby state that rights under contri- regarding the above identified invention. If it morem, or organization having rights in the last no rights to the invention are held by eny p arder 37CFR 1.8(c) if that person made the in- under 37 CFR 1.8(d) or a nonprofit organiza	invention must file separate state enson, other than the inventor, wh	geneemon bye het	actusive, each individual
Each beloom, contrast, as organization i	having any rights in the invention	is listed below:	
In such person, concern, or organiza ya each such person, concern, or organi The Penn State University 16802-7000	ization is listed below. The Pery, 111 Technology Cen	Ingr > OTTABLE	TEN LUIK, PA
l addrowledge the duty to file, in this s millement to small entity status prior to payin ue after the date on which status as a small	application of patent, neffication of or at the time of paying, the ea lentity is no longer appropriate. (of any change in s diest of the issue le 37 CFR 1.28(b))	e or any maintenance fee
whe of Person Signing Billic	e L. Pershing		
itle in organization of person sig Purd	HO ROCANDAN PRINTERS		
DORESS OF PERSON SIGNING COMM	11 -	andrerland A	recimology re. W. Lafavette 47906
ising I was I was	DATE 8	130/00	4/300

Burden from Statement. This form is commission to take 0.2 hours to complete. Time will vary depending uses the needs of the included a commission of the amount of imm you are required to complete this four should be sent to the Chief information Cifical, Palent and Tradema Washington, DC 2021. DO NOT SEND FEES OR COMPLETED FORMS TO THIS ARBRESS. SEND TO: Assistant Commissioner to Washington, DC 2021.

PCT/US98/26469

1

METHODS AND COMPOSITIONS FOR TREATING DIABETES

CROSS-REFERENCE TO RELATED APPLICATIONS

The present application claims the benefit of U.S. Provisional Patent Application Serial Number 60/069,567, filed on December 12, 1997, which is hereby incorporated by reference in its entirety.

10

15

20

25

30

5

BACKGROUND OF THE INVENTION

The present invention relates generally to methods treating diabetes. Specifically, the invention relates to methods of treating diabetes in an animal by administering a therapeutically effective amount of conjugated linoleic acid (CLA). The invention further relates to food compositions including a food product having a therapeutically effective amount of a purified isomer of CLA, such as purified cis, cis-9,11octadecadienoic acid, purified trans, cis-10, 12of octadecadienoic acid or а mixture purified cis, trans-9, 11-octadecadienoic acid and trans, cis-9, 11octadecadienoic acid.

Diabetes is one of the most common metabolic affects of diseases and hundreds millions individuals worldwide. There are two forms of diabetes mellitus: Type 1 (insulin-dependent) and Type II (noninsulin-dependent). The disease can lead to serious complications, including hyperglycemia, macroangiopathy, microangiopathy, neuropathy, nephropathy and retinopathy. Methods of treating diabetes have included administration of insulin in the

case of Type I diabetes and administration of various hypoglycemic agents in the case of Type II diabetes. Many of the known hypoglycemic agents exhibit undesirable side effects and are toxic in certain cases. Accordingly, there is a need for additional methods and compositions for treating diabetes. The present invention addresses this need.

10

5

15

20

20

25

30

3

SUMMARY OF THE INVENTION

It has been discovered that administration of CLA is advantageous in the treatment of diabetes mellitus. Accordingly, one preferred embodiment of the invention provides a method of treating diabetes including administering to an animal a therapeutically effective amount of CLA.

In a further aspect of the invention, it has been discovered that purified isomers of CLA can be used to advantage in the treatment of diabetes in animals. invention thus provides methods involving administration of purified CLA isomers to animals, alone or in predetermined admixtures, and food or administerable unit dosage forms (e.g., tablets, pills, etc.) containing such isomers or mixtures. a food composition is provided particular, includes a food product having a therapeutically effective amount of a purified isomer of CLA, such as cis, cis-9, 11-octadienoic acid. trans, cis-10, 12octadecadienoic acid or a mixture of purified cis, trans-9, 11-octadecadienoic acid and trans, cis-9, 11octadecadienoic acid.

Other features of the invention involve novel methods for modulating (e.g. increasing) the level of expression of certain genes, e.g. genes involved in regulating the expression of lipid metabolism enzymes and/or in regulating adipocyte differentiation, as illustrated in the Examples herein. The methods include administering to an animal an effective amount of CLA to modulate the gene expression.

It is an object of the invention to provide methods of treating an animal with diabetes by administering CLA.

It is a further object of the invention to provide food compositions that may advantageously be used for the treatment of diabetes mellitus.

These and other objects and advantages of the present invention will be apparent from the descriptions herein.

10

5

10

15

20

25

30

BRIEF DESCRIPTION OF THE FIGURES

FIG. 1 shows the mechanism of action of peroxisome proliferators.

- FIG. 2 depicts the biological effects of peroxisome-proliferator activated receptor (PPAR) activation by CLA.
 - FIG. 3 depicts graphs of the amount of chloramphenical acetyltranferase produced as a percent of control versus the concentration of CLA and 100 μ M of WY 14,643 with different PPAR subtypes. Left panel, PPAR α ; Middle panel, PPAR β ; Right panel, PPAR γ .
 - FIG. 4 represents bar graphs showing the extent that various CLA isomers activate the 3 different PPAR All chemicals were given at $100 \mu M$ subtypes. dimethylsulfoxide (DMSC). Positive controls for PPAR α 14,643), PPARβ (Bezafibrate; 2-[4-[2-[(4-(Wy chlorobenzoyl)amino]-ethyl]phenoxy]-2-methylpropanoic acid]) and PPARy (Troglitazone) are shown The furan used was 8-(5-hexyl-2-furyl)comparison. octanoic acid which is an oxidation product of CLA. Data depicts the average of two experiments.
 - FIG. 5 represents bar graphs showing the extent that CLA and various CLA isomers activate full length PPAR α . Panel A: shows activation of full length mouse PPAR α by CLA. Transfected cells were treated for six hours with increasing concentrations of a CLA mixture (0 µM, 5 µM, 10 µM, 50 µM, 100 µM, 150 µM or 200 µM). Asterisks denote values that are significantly different from DMSO treated cells (p<0.05, n = 3); Panel B: shows activation of full length mPPAR α by

10

15

20

25

30

6

different geometric isomers of CLA. Transfected cells were treated for six hours with 100 μM of each of the activators shown. Different letters denote significant differences (p < 0.05, n=3).

FIG. 6 represents a bar graph showing the extent that CLA and various CLA isomers activate full length mouse PPAR β . Transfected cells were treated with 100 μ M of the indicated compounds. Asterisks denote significant differences (p<0.01, n=3).

FIG. 7 represents a par graph showing the extent that CLA and various CLA isomers activate full length mouse PPARy. Transfected cells were treated for six hours with 100 μM of the indicated compounds. Asterisks denote significant differences (p<0.05, n=3).

FIG. 8 depicts a bar graph showing the effects of markers of differentiation 3T3-L1 in CLA on preadipocytes. Mouse preadipoctye cells were treated at confluence for 48 hours with induction media which contains the indicated concentrations of CLA, 100 μM Wy 14,643 (Wy) or vehicle (DMSO). Induction media with the cells. insulin was subsequently added to RT-PCR was performed using internal Quantitative The data standards specific for each gene. expressed as the average of three samples as a percent treated cells correcting for β -actin DMSO expression.

FIG. 9 depicts a bar graph showing the effects of CLA and troglitazone (TZD) on tissue-specific gene expression. ACO and mAP2 were quantitated by RT-PCR. Asterisks denote a statistically significant difference from the rats fed the control diet (P < 0.05).

7

FIG. 10 represents graphs showing the effect of dietary CLA on glucose tolerance. Zucker lean (Panel A) or fa/fa (obese, Panel B) rats were fed experimental diets for 14 days and glucose tolerance was measured. Values represent mean glucose (mg/dl) \pm S.D. (n = 4 lean rats or 8 fa/fa rats).

10

15

20

25

30

DESCRIPTION OF THE PREFERRED EMBODIMENTS

For the purposes of promoting an understanding of the principles of the invention, reference will now be made to preferred embodiments and specific language will be used to describe the same. It will nevertheless be understood that no limitation of the scope of the invention is thereby intended, such alterations and further modifications of the invention, and such further applications of the principles of the invention as illustrated herein, being contemplated as would normally occur to one skilled in the art to which the invention relates.

The present invention provides methods of treating diabetes and compositions useful in treating diabetes. In one aspect of the invention diabetes is treated in an animal by administering a therapeutically effective amount of CLA. Administration of CLA advantageously normalizes glucose tolerance in diabetic animals as well as reduces plasma insulin, triglyceride and free fatty acid levels. Although the method is advantageous in treating Type II (non-insulin-dependent) diabetes mellitus, it may also be used to treat Type I (insulindependent) diabetes mellitus in conjunction with other treatments therefor as known in the art. In yet another aspect of the invention, methods compositions are provided which involve the use of purified CLA isomers or purified mixtures of isomers. The compositions may include, and the methods may involve the use of, a therapeutically effective amount of purified cis, cis-9,11-octadecadienoic acid,

10

15

20

25

WO 99/29317 PCT/US98/26469

9

purified trans, cis-10,12-octadecadienoic acid, a mixture of purified cis, trans-9,11-octadecadienoic acid and trans, cis-9,11-octadecadienoic acid, or another purified isomer of CLA.

In a first aspect of the invention, a method of in an animal is provided that treating diabetes includes administering to the animal a therapeutically effective amount of CLA, including salts esters thereof (including, for example, monoglycerides, diglycerides and triglycerides) active isomers thereof and mixtures thereof. CLA refers to a group of positional and geometric isomers of linoleic acid (cis, cis-9, 12-octadecadienoic acid). The positional isomers include isomers having double bonds at either carbon atoms 9 and 11 or carbon atoms 10 and 12 whereas the geometric isomers include isomers having the cis and/or trans configuration. Thus, there are several possible isomers of CLA, including, but not limited to: acid; cis, trans-9,11cis, cis-9, 11-octadecadienoic octadecadienoic acid; trans, cis-9, 11-octadecadienoic acid; trans, trans-9,11-octadecadienoic acid; cis,ciscis, trans-10,12acid; 10,12-octadecadienoic octadecadienoic acid; trans, cis-10, 12-octadecadienoic acid; and trans, trans-10, 12-octadecadienoic acid. The cis, trans-9,11 and trans, cis-9,11 isomers have not yet been isolated independently from each other and the cis, trans-9, 11literature loosely uses the term octadecadienoic acid to refer to both the cis, trans-9,11 and the trans, cis-9,11 isomers.

The CLA utilized in the present invention may be prepared using techniques known to the art and

10

15

20

25

30

WO 99/29317 PCT/US98/26469

10

literature or may be obtained as a commercial product. CLA may be obtained commercially, for example, from companies such as Pharmanutrients, Inc., Lake Bluff, NuChek Prep, Elysian MN; and Peak Nutrition, IL; Syracuse, NE. However, the CLA sold by NuCheck Prep is preferred. The relative proportions of the isomers may vary in the commercially available CLA. The commercial composition may also include other fatty acids such as linoleic acid as well as other lipids such as straight chain hydrocarbons having polar end groups. example, the CLA mixture may include other fatty acids in the art, saturated or unsaturated, breakdown products of CLA. The commercial composition include antioxidants such as vitamin mav also butylated butylated hydroxyanisole (BHA) orhydroxytoluene (BHT). CLA may also be synthesized by methods known in the art. For example, CLA may be isomerization of linoleic synthesized from utilizing, for example, a radical-generating species and a protein rich in sulfur residues as known in the art and as described in Dormandy TL, Wickens DG, Chem. 45:353-64 (1987)which is Lipids incorporated by reference in it entirety. As another example, CLA may be synthesized from either linoleic acid or safflower oil by heating the linoleic acid or safflower oil in an inert atmosphere with subsequent acidification and extractions as described in U.S. Patent No. 5,670,082 to Cook et al. which is hereby incorporated by reference in its entirety. Moreover, specific isomers of CLA, such as the trans, trans 9-11, isomer, the cis, trans-9,11 cis, cis-9,11

10

15

20

25

30

WO 99/29317 PCT/US98/26469

11

combination with the trans, cis-9,11 isomer) and the cis, trans-10,12 isomers can be currently synthesized in pure form by methods known in the art. The salts of CLA are those known in the art, including the sodium and potassium salts.

Linoleic acid used to synthesize CLA, or other fatty acids included in the mixture, may be obtained from plant sources, including soybean, cottonseed, corn, sunflower, safflower, canola and palm oils. Soybean, corn, sunflower and safflower oil particularly rich in linoleic acid. Linoleic acid may be obtained from hydrolysis of triglycerides isolated from plant sources by methods known in the For example, triglycerides may be obtained from plant sources by solvent extraction of plant biomass using aliphatic solvents. Subsequent additional purification may involve distillation, fractional crystallization, degumming, bleaching and steam stripping. The triglycerides may be hydrogenated as needed. The triglycerides may then be hydrolyzed either by enzymatic (e.g., use of lipase) or chemical methods (e.g., by alkaline hydrolysis) known in the synthesized from Linoleic acid may also be Alternatively, petrochemical fatty alcohols. fatty acids and triglycerides may be obtained from commercial sources, including Cargill, Archer Daniel Midlands and Central Soya.

CLA may also be found in ruminant meats, pasteurized dairy products and processed cheeses. Moreover, the amount of CLA in dairy products may be increased by methods known in the art. For example,

10

15

20

25

30

12

the amount of CLA in cow's milk may be increased by feeding to a lactating cow a diet either solely of grass or one which contains about 1% to about 5% by weight of a vegetable oil containing linoleic acid or as described in U.S. Patent No. linolenic acid 5,770,247 to Satter et al. which is hereby incorporated by reference in its entirety. CLA may also be obtained by enzymatic conversion of linoleic acid as known in For example, CLA may be prepared utilizing the art. the enzyme Wi-cis, W--transisomerase. The enzyme may be obtained, for example, from rumen bacteria, such as Butyrivibrio fibrisolvens. Harmless microorganisms in the intestinal tracts of rats and other monogastric animals may also convert linoleic acid to CLA described in Chin, SF et al., FASEB J, 6 (1992).

CLA may be administered in various forms. example, CLA may be administered in tablet form, in a solution or emulsion, or in a capsule. CLA may also be mixed with a pharmaceutically acceptable carrier. tablet form, a solid carrier may include, for example, lactose, starch, carboxymethyl cellulose, calcium phosphate, calcium carbonate, synthetic natural calcium silicate, magnesium oxide, dry aluminum hydroxide, magnesium stearate, sodium bicarbonate, dry yeast or a combination thereof. In solution, carrier may be an oil but is preferably sterile water sterile saline solution for parenteral administration. CLA may also be administered in forms in which other drugs known in the art are administered.

CLA may be administered in a variety of ways. For example, CLA may be administered parenterally, such as

10

15

20

25

30

13

orally, intravenously, rectally, as well as intraperitoneally.

In another feature of the invention, it has been CLA isomers have higher discovered that certain activity. Accordingly, in yet another aspect of the invention, purified CLA isomers may be administered to animals in need thereof and may be added to a food product to form a food composition. The CLA isomers may be added to a food product in any form, such as a powder or in an oil such as corn oil either alone or with another oil, such as coconut oil. One preferred food composition includes CLA predominantly (i.e., greater than 50%) comprised of a mixture of purified cis, trans-9, 11-octadecadienoic acid and trans, cis-9, 11-Another beneficial food octadecadienoic acid. mixture predominantly composition may include a comprised of cis, cis-9, 11-octadecadienoic acid In a further trans, cis-10, 12-octadecadienoic acid. preferred embodiment, the food composition may include a mixture of purified cis, trans-9,11-octadecadienoic acid and trans, cis-9,11-octadecadienoic acid. In this regard, the term "purified" as used herein to refer to a particular CLA isomer or mixture of isomers means a CLA composition containing no more than about 10% by weight of CLA isomers other than those specified. Preferably, the identified isomer or mixture will contain no more than about 5% by weight and more preferably no more than about 3% by weight of the other CLA isomers. In yet other aspects of the invention, the food composition may include purified cis, cis-9,11octadecadienoic acid, or other purified CLA isomers,

5

10

15

20

25

30

including trans, cis-10, 12-octadecadienoic acid. further embodiments, the food composition may include a purified mixture of CLA. For example, CLA may be purified to different extents to produce a purified mixture of CLA including less than all of the CLA isomers. The purified CLA isomers may be included in any food product, including, for example, cereals, and other dairy products, meats, cheeses eggs, and other flour or bran-based vegetables, breads products, and confection products. The CLA isomers may also be added to any consumable liquid but may require various emulsifying agents for dissolution.

The therapeutically effective amount administered an animal with a beneficial effect on will have For example, the therapeutically effective diabetes. amount is desirably sufficient to normalize glucose Normalization of tolerance in a diabetic animal. glucose tolerance can be determined, for example, by a glucose tolerance test as known in the art and as described in the examples below. Moreover, the amount of CLA administered will also preferably be sufficient to reduce blood levels of insulin and/or to reduce the level of circulating free fatty acids or triglycerides. The blood levels of insulin, free fatty acids, triglycerides are desirably reduced by at least about 5%, more preferably by at least about 20%, and further most preferably by at least about 50%. The amount of CLA administered to an animal with diabetes will vary depending on the age of the animal, the general health of the animal and the severity of their diabetic condition. However, it is expected that an animal

5

10

15

20

25

30

for diabetes will usually receive being treated least about 1 mg CLA/kg body weight/day up to the highest level which is not toxic to the animal. Typically, an animal may receive about 1 mg CLA/kg body 10,000 mq CLA/kq weight/day up to about weight/day. However, it is expected that relatively low doses of CLA will be sufficient, for instance, falling in the range of about 1 mg CLA/kg body weight/day to about 150 mg CLA/kg body weight/day and more desirably about 10 mg CLA/kg body weight/day to about 50 mg CLA/kg body weight/day. Furthermore, when the CLA is included in a food product, it is advantageous include an amount of CLA per serving of food product that will provide the preferred amounts of CLA/kg body weight/day discussed above.

In yet another feature of the invention, CLA may be administered to an animal in a composition that releases CLA internally, for example, in the form of an ester of CLA, preferably a triglyceride. In a further preferred embodiment, the triglyceride includes least one CLA residue in the form of an ester with glycerol and may have other unsaturated or saturated fatty acid residues, but preferably the unsaturated fatty acid linoleic acid. In a more preferred aspect, the triglyceride includes three CLA residues in the form of an ester with glycerol. The CLA residues are preferably the most active isomers of CLA, such as the the cis, trans-9,11 and trans, cis-9,11 isomer or cis, cis-9,11 isomer, but may include any of the other Upon ingestion, the CLA residues may be isomers. released in the stomach of the animal by enzymatic

5

10

15

20

hydrolysis through, for example, the action of The triglycerides may be purified from plant lipase. above, may be purchased sources as described commercially or may be synthesized from glycerol and the respective fatty acids by methods known in the art. effective amount that therapeutically administered will be dependent on at least the factors discussed above. The amount of triglyceride that is administered may be that which provides the amount of specified above. The amount of triglyceride required to achieve a specific dose will depend on the number of CLA esters or residues comprising easily calculated by one be triglyceride and can The triglyceride the may skilled in art. administered in similar forms as described above for CLA.

CLA may be administered to an animal with diabetes, including warm-blooded vertebrates such as mammals. The list of mammals includes, for example, humans.

Reference will now be made to specific examples illustrating the compositions and methods above. It is to be understood that the examples are provided to illustrate preferred embodiments and that no limitation to the scope of the invention is intended thereby. Data from the studies below were analyzed by ANOVA (General Linear Model, LSD) using Statistical Analysis System (SAS; Cary, NC) or StatView for the Macintosh (Abacus Concepts, Berkeley, CA).

25

10

15

20

WO 99/29317 PCT/US98/26469

17

EXAMPLE 1

Activation of Peroxisome Proliferator-Activated Receptor (PPAR) by CLA

In this example, CLA is shown to be involved in the activation of several PPAR subtypes. PPAR, intracellular protein receptor, is a member of the steroid hormone superfamily that may be important in regulating the expression of lipid metabolism enzymes growth and/or may have an effect on cell and differentiation. Three subtypes of PPAR $(\alpha, \beta \text{ and } \gamma)$ have been identified in several species, including PPARy is thought to be involved in the antidiabetic and glucose lowering activity of groups of as thiazolidinediones and fibrate known drugs activated PPAR can be drugs. hypolipidemic peroxisome proliferators, thiazolidinediones and fatty peroxisome action of mechanism of The proliferators is depicted in FIG. 1 and the effects of the activators of PPAR subtypes is shown in Table 1.

Table 1. Activators of PPAR subtypes and their effects

Table 1. Activators of 11 AR subtypes and their effects						
Drug/Chemical Group	PPΛRα	PPARβ	PPARy	Clinical Use or effects		
Peroxisome proliferators	+++	+-	+++	Hypolipidemia, possible antidiabetic, hepatic peroxisome proliferation, adipocyte differentiation		
Long-chain fatty acids	+++	+	++	Hypolipidemia, hepatic peroxisome proliferation, adipocyte differentiation		
Thiazolidinediones	-	-	++++	Antidiabetic, adipocyte differentiation, decreased insulin resistance, decreased blood glucose levels		
CLA	+++	_	++	Anti-cancer effects, anti-atherogenic effects, hypolipidemia, hepatic peroxisome proliferation, Antidiabetic as shown in this disclosure		

COS-1 cells (American Type Culture Collection) were maintained in $\alpha\text{-minimal}$ essential media (Sigma)

5

10

15

20

25

30

supplemented with 8% fetal calf serum (Gibco BRL), 0.2 mg/ml streptomycin and 200 U/ml penicillin. The pSG5-GAL4-PPAR chimera expression constructs, containing the ligand binding domain of mouse PPAR α , β or γ , as well as the (UAS)₅-tk-CAT reporter construct were kindly provided by Steven Α. Kliewer (Glaxo Research Institute). At 75-90% confluence, COS-1 cells were cotransfected with GAL4-PPAR, (UAS) ϵ -tk-CAT, and pSV- β Gal (Promega) as described in Lehmann, J.M. et 270, 12953-12956 (1995).Twenty-four J. Biol. Chem. hours after transfection, the cells were treated with the indicated amounts of CLA, or a single 100 μM dose of 4-chloro-6-(2,3-xylindino)-2-pyrimidinylthio)-acetic acid (Wy 14,643; a hypolipidemic drug known as a peroxisome proliferator). After 6 hours of treatment, harvested and chloramphenicol the cells were acetyltransferase levels were assessed by ELISA (Gibco BRL) according to the manufacturer's instructions. Data is expressed relative to β -galactosidase activity. CLA used in this experiment was obtained from a available mixture from NuChek commercially The mixture contained about 41.2% by Elysian MN. a composition including cis, trans-9,11weight οf octadecadienoic acid and trans, cis-9, 11-octadecadienoic weight trans, cis-10, 12acid. about 443 by octadecadienoic acid, about 9.4% by weight cis, cis-10,12-octadecadienoic acid, about 1.3% by weight of a composition including trans, trans-9, 11-octadecadienoic acid and trans, trans-10, 12-octadecadienoic acid, about 1.1% by weight cis, cis-9,11-octadecadienoic acid, about WO 99/29317 PCT/US98/26469

19

0.7% by weight linoleic acid and about 2.2% of other lipids as mentioned above.

FIG. 2 shows that all subtypes of PPAR studied were activated by CLA. PPARα was activated to a greater extent than either PPARβ or PPARγ. However, PPARβ and PPARγ were activated a significant amount (approximately 2-fold more than the control value). The activation of PPARα by the commercially available mixture is believed to be the result of the cis,trans-9,11-octadecadienoic acid isomer as discussed in Example 2. Moreover, the biological effects of PPAR activation by CLA will depend on the tissue and the predominant PPAR subtype being examined as shown in FIG. 3.

15

20

25

30

10

5

EXAMPLE 2

Activation of PPAR Subtypes by CLA Isomers

In this example, certain PPAR subtypes are shown to be activated by CLA isomers. The same experimental procedure as described in Example 1 was carried out to generate the data shown in FIG. 4. However, a 100 μM concentration of selected isomers of CLA were also utilized in the transfection assay to determine whether specific isomers of CLA could activate any of the PPAR subtypes.

The data in FIGS. 5-7 was generated utilizing constructs including full length mouse PPAR α , PPAR β or PPAR γ and a luciferase reporter gene. The CV-1 cell line (African green monkey kidney cells) used was obtained from American Type Culture Collection (#CCL-70). The cells were grown in Eagle minimal essential

10

15

20

25

30

WO 99/29317 PCT/US98/26469

20

medium containing 10% fetal bovine serum (GIBCO). each transfection involving PPAR α , 625 ng pcDNA3-PPAR α expression vector was used along with 250 ng of psV-GL-2-PPRE-luciferase reporter plasmid and 250 ng of pSV- β galactosidase internal control plasmid. For each transfection involving PPAR β or PPAR γ , either 625 ng pSG5-mouse-PPARβ or 625 ng pSG5-mouse-PPARγ was used 250 ng of the psV-GL2-PPRE-luciferase along with reporter plasmid and 250 ng of pSV- β -galactosidase internal control plasmid. Cells were transfected using Lipofect AMINE" reagent (GIBCO) and phenol red-free, serum free medium (OptiMEM®I, GIBCO Life Technologies, Seven hours post-transfection, NY). Grand Island, charcoal stripped serum (Cocalico Biologicals, Inc. Reamstown, PA) was added to the media (10% final concentration) for an overnight incubation (16 hours). Transfected cells were treated for six hours with various doses or 100 μM of CLA, the 9Z,11E (cis,trans-9,11) isomer(97% purity), the 9E,11E (trans,trans-9,11) (98% purity), the 10E,12Z (trans,cis-10,12) isomer isomer or the other indicated activators. Luciferase and β -galactosidase activities were assayed on cell protocols following the manufacturer's lysates The data were quantified WI). (Promega, Madison, luciferase/β-galactosidase to expressed as a ratio to vehicle-treated cells (0.1% DMSO).

FIG. 4 shows that all of the isomers examined activated all of the PPAR subtypes. However, the 9Z11Z (cis,cis-9,11) and 9Z11E (cis,trans-9,11) isomers activated PPAR α and PPAR β more than the CLA mixture and

the 9E11E (trans,trans-9,11) isomer only activated PPAR\$ more than CLA mixture alone. None of the isomers activated PPAR\$ more than the CLA mixture. Moreover, in a similar study, human PPAR\$ was also activated by CLA (data not shown), showing that the molecular events underpinning the present invention are also occurring in humans.

The data shown in FIGS. 5-7 show that all of the CLA isomers tested, including the trans, cis-10,12-octadecadienoic acid isomer, activate the respective PPAR subtypes with respect to the DMSO control. Moreover, the data in FIGS. 5 and 6 further show that the trans, cis-10,12 CLA isomer activated PPAR α and PPAR β significantly more than the CLA mixture alone.

15

5

10

EXAMPLE 3

Effect of CLA on Gene Expression

Activation of certain PPAR subtypes results in altered gene expression, such as gene induction. In this example, CLA was found to induce two markers of differentiation of mouse 3T3-L1 preadipocytes into differentiated adipocytes, which requires PPARY activation. The two markers studied were adipocyte protein-2 (mAP2) mRNA and PPARY mRNA.

25

30

20

3T3-L1 Cell Culture

Mouse 3T3-L1 preadipocytes (American Type Culture Collection) were maintained in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% fetal calf serum (Gibco BRL) 0.2 mg/ml streptomycin and 200 U/ml

15

20

25

5

penicillin ("growth media"). Differentiation was induced as described by Brandes, R., Arad R., and Bar-Tana, J., Biochem. Pharmacol. 50, 1949-1951 (1995). Briefly, differentiation was induced by adding various concentrations of CLA (25-250 µM final concentration), linoleic acid (100 μ M), Wy 14,643 (100 μ M) or vehicle (DMSO) in DMEM with 10% FCS and 0.1 μM dexamethasone ("induction media") to confluent 3T3-L1 preadipocytes. After 48 hours, the induction media was removed and replaced by induction media with 4 mU/ml insulin. media was changed every 48 hours. At various time intervals, the cells were rinsed twice with PBS and TriReagent (Molecular RNA extracted using total Research Center).

The differentiation of mouse 3T3-L1 cells was monitored by examining adipocyte-specific markers including PPARY (γ 1 and γ 2) and adipocyte protein-2 (mAP2). The housekeeping gene β -actin was also examined as described in Vanden Heuvel, J.P. et al., Cancer Res. 54, 62-68 (1994). Quantitative reverse transcriptase polymerase chain reaction was utilized to determine mRNA expression for these genes (as described in Vanden Heuvel, J.P., PCR Applications in Molecular Toxicology, 218 pgs. CRC Press, Boca Raton, FL (1997), see Table 2 for primer sequences utilized) using internal standards specific for each primer set (as described in Vanden Heuvel, J.P., Tyson, F. and Bell, D.A., Biotechniques 14, 395-398 (1993)).

15

20

23

	Length of Product (bp)		
Primer	Sequence	Target	Int Std *
nAP2 forward	5" ACT GTG GCC TGA GCG ACT TCT ATG	190	314
nAP2 reverse	5° AGG GGG CTT CTG GCA AAC AAT		
nPPARy forward	5' TGC TGG CCT CCC TGA TGA ATA	315	352
mPPARy reverse	5° TTG GCG AAC AGC TGA GAG GAC		
Actin forward	5° CCT CTA TGC CAA CAC AGT	125	153
Actin reverse	5° AGC CAC CAA TCC ACA CAG		
ACO forward	5' ATT CGG TGT TGT AAG TGC	417	340
ACO reverse	5' TTG GTG GGT GGG TGT TGA		

As seen in FIG. 8, CLA is effective at inducing both mAP2 and PPARy mRNA. It is also seen that CLA is more potent as a PPARy ligand in the 3T3-L1 bio-assay than would nave been expected from the transactivation assays, the results of which are depicted in FIG. 4. FIG. 8 also shows that the most effective concentration of CLA in the differentiation assay was 50 µM.

Animal Studies

Male Zucker fatty (fa/fa) rats and lean littermates (wt) were obtained at six weeks of age from Genetic Models, Inc. (Indianapolis, IN). Because the primary aim of the study was to determine the ability of CLA to improve insulin action and prevent the onset of diabetes, all rats were determined normoglycemic prior to assignment to experimental treatments. (The diets are discussed in the subsequent section). After maintaining rats on experimental diets for 14 days, rats were euthanized by CO₂ and cervical dislocation and tissues collected, weighed and frozen. RT-PCR was performed as described above.

The genes utilized as markers of tissue and subtype specific PPAR activation included Acyl-CoA Oxidase

(ACO; found in the liver and induced by PPAR α activation), Adipocyte Specific Protein (mAP2; found in adipose tissue and induced by activation of PPAR γ) and ACO in the muscle (induced by PPAR β).

As seen in FIG. 9, both CLA and Troglitazone (5-[[4-[3,4-Dihydro-6-hydroxy-2,5,-7,8-tetramethyl-2H-1benzopyran-2-yl)methoxy]phenyl]methyl]-2,4-Parke-Davis) Rezulin, TZD; thiazolidinedione; significantly induce ACO mRNA expression in the PPARlphatissue and а containing tissue (liver) predominantly PPARy (adipose tissue) but had no effect on a tissue with predominantly PPAR β (muscle). induction of mAP2 in adipose tissue verifies the PPAR γ activation observed in the 3T3-L1 cells.

15

30

5

EXAMPLE 4

Effect of Dietary CLA on Normalizing Glucose Tolerance in the Zucker Fatty fa/fa Rat

The Zucker fa/fa rats are an excellent animal 20 model for the examination of adult onset diabetes. this example, the effect of three different diets TZD) on the levels of circulating (control, CLA, insulin, triglycerides and free fatty acids in lean counterparts fa/fa rats as well their as 25 Moreover, to determine (wildtype, wt) were determined. insulin sensitivity as increases activator, such as TZD, a glucose tolerance test was performed.

Diet components were obtained from Dyets, Inc. (Bethlehem, PA) and the CLA isomeric mixture (90% pure mixture) from PharmaNutrients, Chicago, IL. The CLA

5

10

15

20

25

30

42% mixture had the following isomeric distribution: including cis, trans-9,11 composition trans, cis-9,11-octadecadienoic acid; 43.5% trans, cis-1 % cis, cis-9, 11acid; 10,12-octadecadienoic octadecadienoic acid; 1% cis, cis-10,12-octadecadienoic acid; and 1.5% of a composition including trans, transtrans, trans-10, 12-9,11-octadecadienoic acid and octadecadienoic acid, all on a weight percent basis. The CLA mixture also included, on a weight percent basis, about 0.5% linoleate, about 5.5% oleate The about 5% other lipids as discussed above. thiazolidinedione, TZD (Rezulin™, Parke-Davis, Arbor, MI), was used as a positive control for antidiabetic activity in these studies. Male Zucker fatty (fa/fa) rats and lean littermates (wt) were obtained at Genetic Models, from sıx weeks of age (Indianapolis, IN). Because the primary aim of the study was to determine the ability of CLA to improve insulin action and prevent the onset of diabetes, all rats were determined normoglycemic prior to assignment to experimental treatments. After maintaining rats on experimental diets for 14 days, rats were euthanized by CO_2 and cervical dislocation and blood collected and for post-prandial immediately analyzed concentrations (see below) or placed into heparinized test tubes for plasma analyses as described below. Epididymal fat pads and livers were harvested and An aliquot of the epididymal fat pad was weighed. isolated into buffered saline for glucose transport analyses and the remaining epididymal fat pad and gastrocnemius muscle were isolated, immediately frozen

5

10

20

25

30

in liquid nitrogen and stored at -80°C until mRNA and protein analyses were performed.

Experimental Diets

isocaloric, experimental diets were Three formulated according to a modified AIN-76 mixture containing 6.5% (by weight) fat (diet described in American Institute of Nutrition: Report of the American Institute of Nutrition Ad Hoc Committee on Standards for Nutritional Studies, *J. Nutr.* 107 1340-1348 (1977) but includes 6.5% by weight fat instead of 5% by weight The same amount of corn oil (5%) was used in all diets since corn oil is rich in linoleic acid, essential fatty acid. The diets contained either 5% corn oil + 1.5% lard + no CLA (Control Diet), 5% corn oil + 1.5% CLA (CLA Diet), or 5% corn oil + 1.5% lard + 0.2% troglitazone (TZD Diet). A dose of 1.5% CLA was chosen based on previous studies in our laboratory showing this dose to modulate PPAR-associated gene (Belury, M.A. al., the liver expression in 8:579-84 (1997)and Nutr.Biocnem. tumorigenesis in murine skin (as shown in Belury, M.A. et al., Nutr. Cancer 26, 149-157 (1996)). The dose of TZD (0.2%) used in this study has been shown to be effective at normalizing glucose tolerance after days and suppressing elevated glucose, triglycerides, free fatty acids and urinary protein in Zucker (fa/fa) Diets were fed on alternate days and rats were allowed free access to food and water. Body weights were measured twice weekly and average food consumption estimated by measuring differences in weight of freshly supplied diet and diet remaining in feeders two days

10

15

20

25

30

27

later. Taking into account the average body weight of the fa/fa rats and the amount of food they consumed, the fa/fa rats received a daily dose of about 1.71 mg CLA/kg body weight, which amounted to a daily dose of about 375 mg.

Glucose Tolerance Tests

In order to compare the effects of CLA and TZD on insulin action, a glucose tolerance test was conducted on day 11 of dietary intervention. Animals were fasted overnight (16 hours). Conscious rats were injected intraperitoneally with D-glucose (1 g/kg body weight) and blood samples were collected via the tail vein prior to the injection (time 0) and at 2, 5, 10, 15, 20, 40, 60, 120 and 180 minutes following injection.

Determination of Blood Metabolite and Hormone Concentrations

Blood glucose levels were determined using a One Touch glucose meter (Lifescan, Inc.). Plasma insulin levels were determined using commercially available radioimmunoassay kits (Linco Research, St. Charles, MO). Plasma nonesterified fatty acids were quantified using a colorimetric kit (Wako). Plasma triglyceride concentrations were determined using a commercially available kit (Sigma Diagnostics, St. Louis, MO).

FIG. 10 depicts the results of the glucose tolerance test. As expected, a decreased ability to remove glucose from the blood is seen in the fa/fa rats (compare lean control versus obese control). In the fa/fa rats fed either CLA or TZD, blood glucose was reduced much more rapidly than the respective control animals. As glucose tolerance is the predominant test used to assess the existence of non-insulin-dependent

10

diabetes mellitus (NIDDM), the data depicted in FIG. 10 convincingly show that CLA is as effective as TZD for improving glucose tolerance. Therefore, CLA may be an effective treatment for individuals with NIDDM.

The results showing the relative levels of circulating insulin, plasma triglycerides and circulating free fatty acids are shown in Table 3.

Table 3. Effect of Dietary CLA on Glucose, Triglyceride and Free Fatty Acid Concentrations in Zucker Rats*

et Insulin Plasma Triglycerides		Free Fatty Acids	
$(ng/dl) \pm S.D.$	(mg/dl) <u>+</u> S.D.	(mMoI) <u>+</u> S.D.	
2.8±0.1 ^a	92.1±16.7 ^{bc}	1.651+0.497 ab	
2.8±0.5ª	66.2±18.0 bc	1.170+0.335 bc	
1.4±0.1ª	61.1 <u>+</u> 12.1 ^c	1.139+0 277°	
38.9± 2.8 ^b	408.3 <u>+</u> 148.7 °	1.959+0.402 ^d	
20.6±3.3°	149.4 <u>+</u> 78.4 ^b	1.004+0.262°	
5.6±0.5 ^d	57.08 <u>+</u> 12.3 °	0.778+0.378°	
	$(ng/dl) \pm S.D.$ 2.8 ± 0.1^{a} 2.8 ± 0.5^{a} 1.4 ± 0.1^{a} 38.9 ± 2.8^{b} 20.6 ± 3.3^{c}	(ng/dl) \pm S.D. (mg/dl) \pm S.D. 2.8 \pm 0.1 ^a 92.1 \pm 16.7 ^{bc} 2.8 \pm 0.5 ^a 66.2 \pm 18.0 ^{bc} 1.4 \pm 0.1 ^a 61.1 \pm 12.1 ^c 38.9 \pm 2.8 ^b 408.3 \pm 148.7 ^a 20.6 \pm 3.3 ^c 149.4 \pm 78.4 ^b	

Plasma insulin triglycerides and free fatty acid concentrations were measured in fed rats after experimental diets were fed for 14 days.

15

20

expected, the fa/fa rats exhibited higher insulin and triglycerides compared plasma animals. However, CLA significantly improved symptoms of diabetes causing a 50-60% decline in plasma insulin, triglycerides and free fatty acids. Moreover, markedly decreased circulating insulin, triglycerides and free fatty acids in the fa/fa rats, thus verifying anti-diabetic agent. For TZD effective an additional information on the normalization of glucose

a-d Values (± S.D.) with significant differences (p<0.05) within columns are denoted by different superscripts.

tolerance and other biological effects using CLA, reference may be made to Biochem. Biophys. Res. Comm., 244, 678-682 (1998).

While the invention has been illustrated and described in detail in the drawings and foregoing description, the same is to be considered as illustrative and not restrictive in character, it being understood that only the preferred embodiment has been shown and described and that all changes and modifications that come within the spirit of the invention are desired to be protected. In addition, all references cited herein are indicative of the level of skill in the art and are hereby incorporated by reference in their entirety.

15

5

10

20

WO 99/29317 PCT/US98/26469

30

What is claimed is:

1. A method of treating diabetes in an animal, said method comprising administering to said animal a therapeutically effective amount of conjugated linoleic acid.

- 2. The method of claim 1, wherein said conjugated linoleic acid is administered orally.
- 3. The method of claim 2, wherein said conjugated linoleic acid is administered in a unit dosage form.
- 15 4. The method of claim 3, wherein said unit dosage form is a food product.
 - 5. The method of claim 1, wherein said conjugated linoleic acid is selected from the group consisting of 9,11-octadecadienoic acid, esters thereof, geometric isomers thereof, salts thereof and mixtures thereof.
- 6. The method of claim 5, wherein said geometric isomers have configurations selected from the group consisting of trans, trans; cis, cis; trans, cis; and cis, trans.
- 7. The method of claim 1, wherein said conjugated linoleic acid is selected from the group consisting of 10,12-octadecadienoic acid, esters

10

15

20

25

31

thereof, geometric isomers thereof, salts thereof and mixtures thereof.

- 8. The method of claim 7, wherein said geometric isomers have configurations selected from the group consisting of trans, trans; cis, cis; trans, cis; and cis, trans.
- 9. The method of claim 1, wherein said CLA is comprised predominantly of cis, trans-9,11-octadecadienoic acid and trans, cis-9,11-octadecadienoic acid.
- 10. The method of claim 1, wherein said CLA is comprised predominantly of cis, cis-9,11-octadecadienoic acid.
- 11. The method of claim 1, wherein said conjugated linoleic acid is administered in an amount of about 1 mg of said conjugated linoleic acid/kg body weight to about 10,000 mg of said conjugated linoleic acid/kg body weight.
- 12. The method of claim 1, wherein said animal is a mammal.
- 13. The method of claim 12, wherein said mammal is a human.
- 14. The method of claim 1, wherein said 30 conjugated linoleic acid is administered in a pharmaceutically acceptable carrier medium.

15. The method of claim 14, wherein said pharmaceutically acceptable carrier medium includes water.

5

16. A food composition useful in treating diabetes comprising, a food product having a therapeutically effective amount of conjugated linoleic acid, said conjugated linoleic acid predominantly comprised of a mixture of cis, trans-9,11-octadecadienoic acid and trans, cis-9,11-octadecadienoic acid.

15

17. The food composition of claim 16, wherein said therapeutically effective amount of said mixture is sufficient to provide about 1 mg of said mixture/kg body weight per serving to about 10,000 mg of said mixture/kg body weight per serving.

20

18. A food composition useful in treating diabetes comprising, a food product having a therapeutically effective amount of conjugated linoleic acid, said conjugated linoleic acid predominantly comprised of cis, cis-9,11-octadecadienoic acid.

25

10

15

33

- 19. The food composition of claim 18, wherein said conjugated linoleic acid is administered in an amount sufficient to provide about 1 mg of said cis, cis-9,11-octadecadienoic acid/kg body weight per serving to about 10,000 mg of said cis,cis-9,11-octadecadienoic acid/kg body weight per serving.
- 20. A food composition useful in treating diabetes comprising, a food product having a therapeutically effective amount of conjugated linoleic acid, said conjugated linoleic acid predominantly comprised of trans, cis-10, 12-octadecadienoic acid.
- 21. The food composition of claim 20, wherein said conjugated linoleic acid is administered in an amount sufficient to provide about 1 mg of said trans, cis-10,12-octadecadienoic acid/kg body weight per serving to about 10,000 mg of said trans, cis-10,12-octadecadienoic acid/kg body weight per serving.

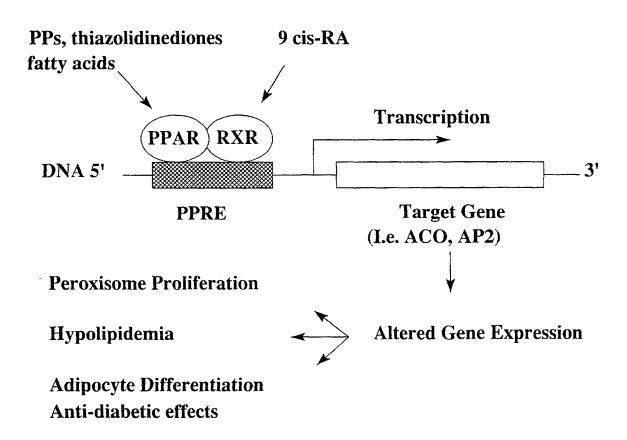
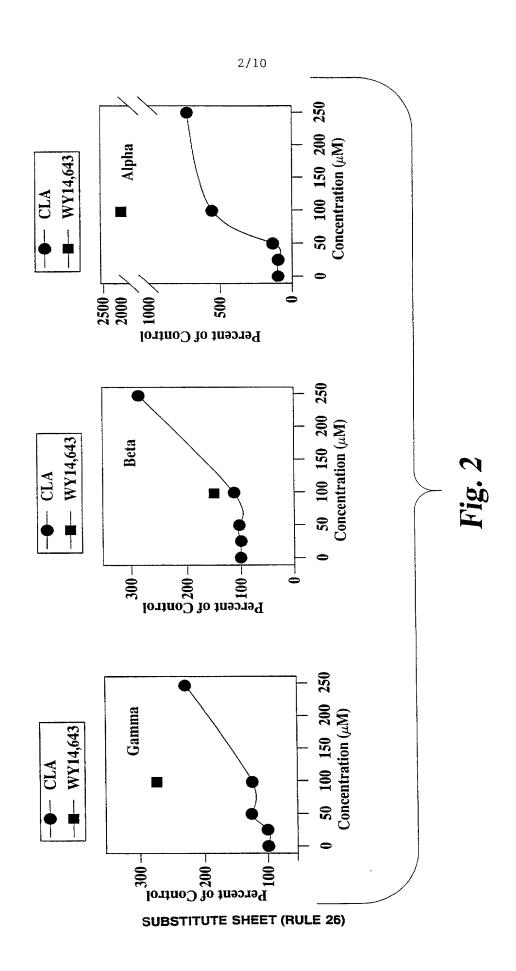


Fig. 1



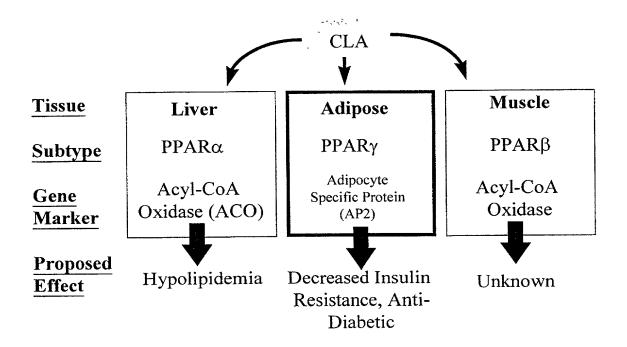
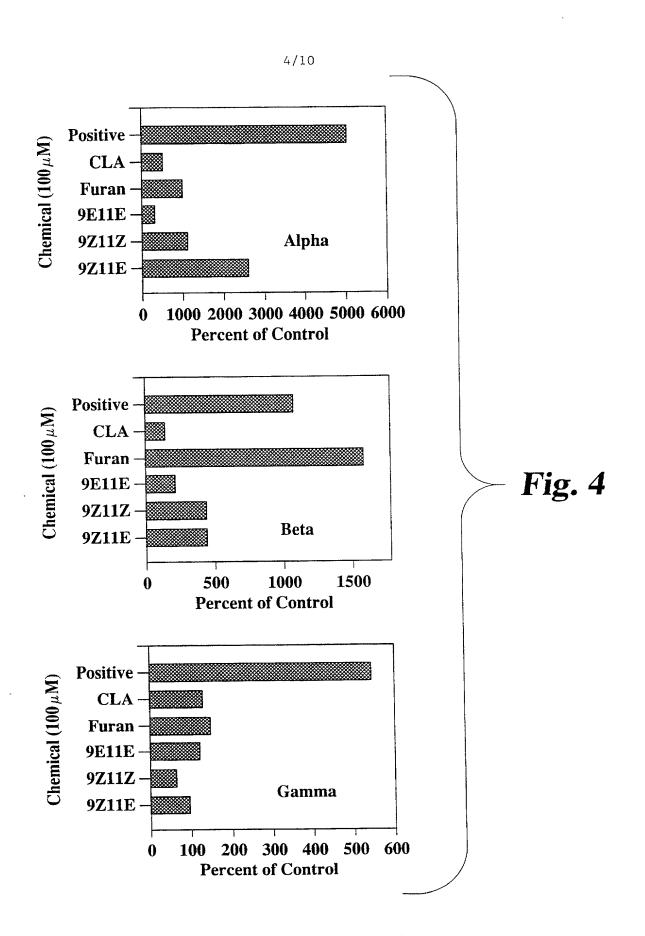


Fig. 3



SUBSTITUTE SHEET (RULE 26)

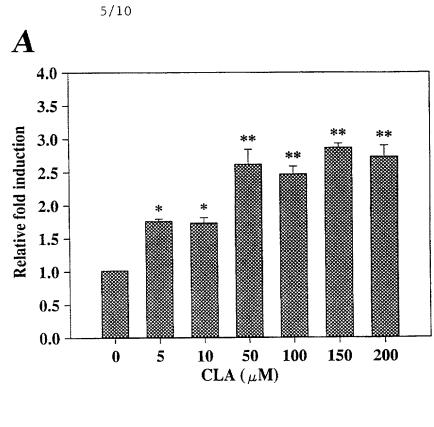
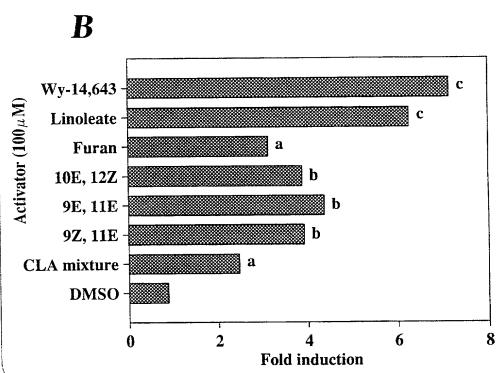
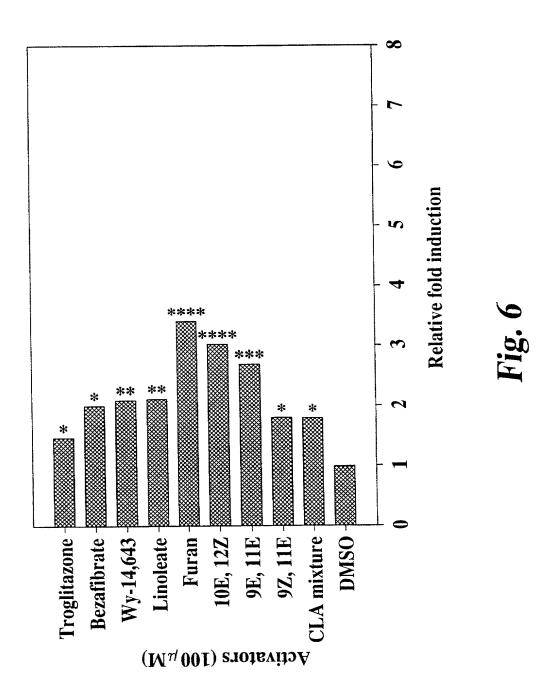
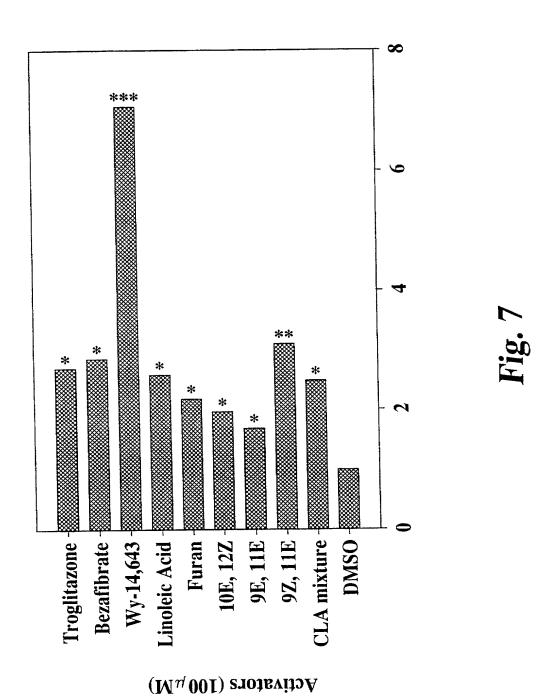


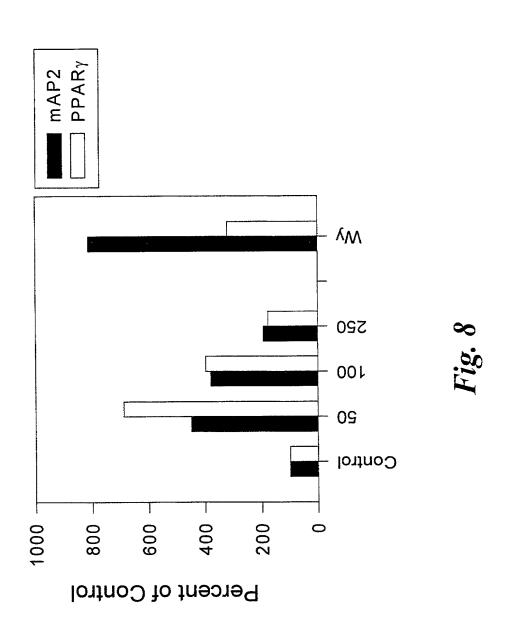
Fig. 5





7/10





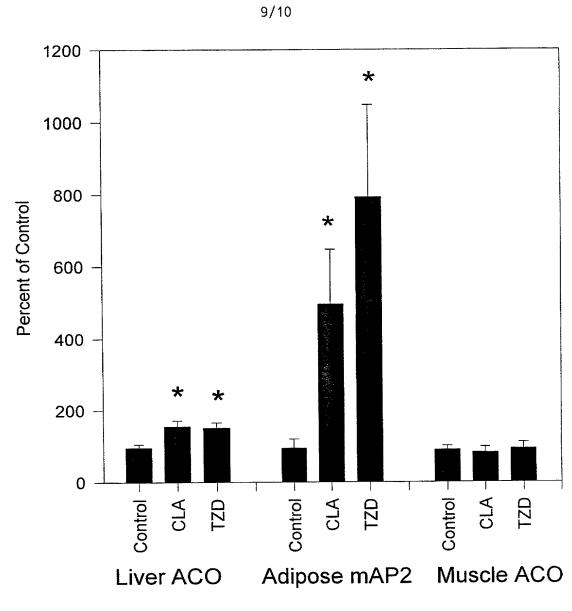
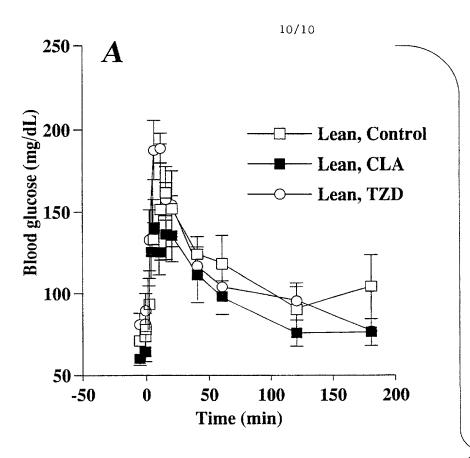
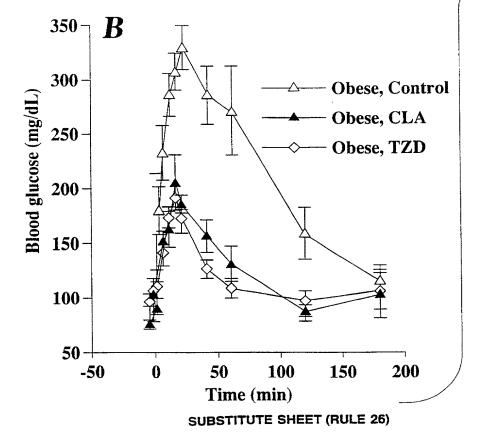


Fig. 9







Please	type a	ı plus	sign ((+) i	nside	this	рох	\rightarrow	Œ	1
--------	--------	--------	--------	-------	-------	------	-----	---------------	---	---

☐ Declaration

required)

PTO/SB/01 (12-97)

Approved for use through 9/30/00, OMB 0651-0032

Patent and Trademark Office; U.S. DEPARTMENT OF COMMERCE

Under the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it contains a valid OMB control number.

			Attorney Docket Nur	nber	70244	+65E	UR99				
DECLARA'		N FOR UTILITY OR	First Named Invento	r	John	Р.	Vanden	Heuvel			
PATENT APPLICATION			COMPLETE IF KNOWN								
		FR 1.63)	Application Number		09	/ 55	5,987				
·		_	Filing Date	June		200	. ,				
☐ Declaration Submitted	OR	Declaration Submitted after Initial	Group Art Unit								
with Initial Filing		Filing (surcharge (37 CFR 1.16 (e))	Examiner Name								

A# 2	below named inven	tor, I her	by declare that:				
Муг	esidence, post office a	address, a	ind citizenship are	as stated below next to r	пу пате.		
l bei	ieve I am the original, es are listed below) of	first and s the subje	iole inventor (if only ict matter which is	one name is listed belo claimed and for which a	w) or an original, fi patent is sought or	rst and joint inver the invention en	ntor (if plural titled:
	METHODS ANI	о сомі	POSITIONS F	OR TREATING	DIABETES		
the	specification of which is attached hereto		(Titl	e of the Invention)			
X	OR was liled on (MM/D	(۲۲۲۲סו	12/11/199	98 as Un	ited States Applica	tion Number or P	CT International
Applic	cation Number PCT	/US98,	26469 and w	as amended on (MM/DD	mm N/A		(if applicable).
here	by state that I have re	eviewed a	nd understand the	contents of the above id	entified specificatio	n, including the d	laims, as
	•		-	material to patentability	as defined in 37 CF	FR 1.56.	
certific	ate, or 365(a) of any	PCT inte	rnational application	119(a)-(d) or 385(b) of in which designated at checking the box, any to a before that of the appli	east one country reion application to	other than the U or patent or inven	inited States of
Prior	Foreign Application Number(s)		Country	Foreign Filing Date (MM/DD/YYYY)	Priority Not Claimed	Certified Co YES	py Attached? NO
US 9	8/26469	P	CT	12/11/1998	0000	0000	. 0000
☐ Ac	Iditional foreign applica	ation num	bers are listed on a	supplemental priority d	ita sheet PTO/SB/	028 attached her	eto:
I her	eby claim the benefit t	under 35 l	J.S.C. 119(e) of an	y United States provisio	nal application(s) lis	sted below.	
A	pplication Number	(3)	Filing Date	B (MM/DD/YYYY)			
60/	069, 567		12/12/19	997	numb suppl	onal provisiona ers are listed o emental priority SB/02B attache	n a / data sheet

[Page 1 of 2]
Burden Hour Statement: This form is estimated to take 0.4 hours to complete. Time will vary depending upon the needs of the individual case. Any comments on the amount of time you are required to complete this form should be sent to the Chief Information Officer, Patent and Trademark Office, Washington, DC 20231. DO NOT SEND FEES OR COMPLETED FORMS TO THIS ADDRESS, SEND TO: Assistant Commissioner for Patents, Washington, DC 20231.

Little Little Har William for the first first from the first first

DECLARATION

Registered Practitioner Information (Supplemental Sheet)

Name	Registration		David Access
	Number	Name	Registration Number
Harold R. Woodard	16,214		
C. David Emhardt	18,483		•
Joseph A. Naughton, Jr.	19,814		
John V. Moriarty	26,207		
John C. McNett	25,533		
Thomas Q. Henry	28,309		
James M. Durlacher	28,840		
Charles R. Reeves	28,750		
Vincent O. Wagner	29,596		
Steve Zlatos	30,123		
Spiro Bereveskos	30,821		
William F. Bahret	31,087		
Clifford W. Browning	32,201		
R. Randall Frisk	32,221		
Daniel J. Lueders	32,581		
Kenneth A. Gandy	33,386		
Timothy N. Thomas	35,714		
Kerry P. Sisselman	37,237		
Kurt N. Jones	37,996		
John H. Allie	39,088		
Holiday W. Banta	40,311		
Troy J. Cole	35,102		
L. Scott Paynter	39,797		
J. Andrew Lowes	40,706		
Charles J. Meyer	41,996		
Darrin Wesley Harris	40,636		
Matthew R. Schantz	40,800		,
Gregory B. Coy	40,967		
Lisa A. Hiday	40,036		
John V. Daniluck	40,581		
Christopher A. Brown	41,642		
C. John Brannon	44,557		
Jason J. Schwartz	43,910	,	
Arthur J. Usher IV	41,359		
Douglas A. Collier	43,556		
Brad A. Schepers	45,431		
R. Craig Tucker	45,165		ļ i
Scott J. Stevens	29,446		
James B. Myers	42,021		j 1
John M. Bradshaw	P-46,573		
	-		



Please type a plus sign (+) inside this box 🗻 📗	+	
---	---	--

PTO/SB/01 (12-97)
us sign (+) inside this box -> + Approved for use through 9/30/00. OMB 0551-0032
Patent and Trademark Office; U.S. DEPARTMENT OF COMMERCE
Under the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it contains a valid OMB control number.

Utility or Design Patent Application DECLARATION-

I hereby claim the benefit under 35 U.S.C. 120 of any United States application(s), or 365(c) of any PCT international application designating the United States of America, listed below and, insofar as the subject matter of each of the claims of this application is not disclosed in the prior United States or PCT international application in the manner provided by the first paragraph of 35 U.S.C. 112 Lacknowledge the dirty to disclose

	S. Parent Application Number	or PCT Parent			iling Date D/YYYY)			nt Patent N (if applicat	
60/069, PCT/US9	567 98/26469	,		12/12/ 12/11/					
Additiona	U.S. or PCT international app	lication numbers are	listed on a	supplement	al priority data	sheet P	TO/SB/0	28 attached h	ersto.
s a named inv and Trademark	ventor, I hereby appoint the folion (Confice connected therewith:	Customer Numb	er			>	-	Place Custo Number Bar	omer Code
		Registered pract	ation	ame/registra	tion number lis		w <u></u>		tration
Kenneth	Name n A, Gandy	#33,386			rea.			Nu	mber
XX Additional	registered practitioner(s) name	ed on supplemental i	Registered	Practitioner	Information she	et PTO	SB/02C	attached here	ito.
Direct all con	respondence to: Cus or B	tomer Number ar Code Label			OR	X C	orrespo	ndence add	ress below
Name .	Kenneth A. Gand						•		
Address	WOODARD EMHARD	NAUGHTON I	MORIAR	TY & M	CNETT				
AND THE REAL PROPERTY OF THE PERTY OF THE PE	Bank One Center					uíte	3700	_	
Address	Buttit one control								
Address City	Indianapolis			State	IN	ZIP	462	04	
Address City Country		Telephon	e (317			ZIP Fax	<u>462</u> (31		7561 .
City Country I hereby deck believed to be	Indianapolis	Telephon	nowledge a ade with th) 634-:	3456 that all statems that willful fa	Fax	(31	7) 637— Information and the like s	d belief are
City Country I hereby deck believed to be punishable by application or	Indianapolis USA are that all statements made is true; and further that these iffice or imprisonment, or both	Telephon	nowledge a ade with th) 634-: ire true and e knowledge that such wi	3456 that all statems that willful fa	· Fax	(31 ade on i	7) 637— information an and the like a pardize the va	d belief are o made are lidity of the
City Country I hereby deck believed to be punishable by application or Name of S	Indianapolis USA are that all statements made in the are fine or imprisonment, or bott any patent issued thereon.	Telephoni nerein of my own kr statements were ma n, under 18 U.S.C.	nowledge a ade with th) 634-: ire true and e knowledge that such wi	3456 that all statem is that willful fa liful false state ion has been	· Fax	(31 ide on is iments a nay jeop r this un	7) 637— information an and the like s pardize the va nsigned inve	d belief are o made are lidity of the
City Country I hereby deck believed to be punishable by application or Name of S	Indianapolis USA are that all statements made to true; and further that these of fine or imprisonment, or bott any patent issued thereon. Tole or First Inventor:	Telephoni nerein of my own kr statements were ma n, under 18 U.S.C.	nowledge a ade with th) 634-	3456 that all statem is that willful fa liful false state ion has been	Fax Tents made state of the st	(31 ide on is iments a nay jeop r this un	7) 637— information an and the like s pardize the va nsigned inve	d belief are o made are lidity of the
City Country I hereby deck believed to be punishable by application or Name of S	Indianapolis USA are that all statements made is true; and further that these if fine or imprisonment, or bott any patent issued thereon. Sole or First Inventor:	Telephoni nerein of my own kr statements were ma n, under 18 U.S.C.	nowledge a ade with th) 634-	3456 that all statems that willful false state ion has been	Fax Tents made state of the st	(31 ide on is iments a nay jeop r this un	7) 637— information an and the like s pardize the va nsigned inve	d belief are o made are likity of the
City Country I hereby deck believed to be punishable by application or Name of S	Indianapolis USA are that all statements made is true; and further that these if fine or imprisonment, or bott any patent issued thereon. Sole or First Inventor: alven Name (first and middle John P.	Telephoninerein of my own kratatements were man, under 18 U.S.C.	nowledge a ade with th) 634-	that all statems that willful false state ion has been Family en Heuve	Fax ments maise state ments r filed fo	(31 ide on is iments a nay jeop r this un	7) 637— information an and the like spandize the value of	d belief are o made are lidity of the
City Country I hereby deck believed to be punishable by application or Name of S Inventor's Signature	Indianapolis USA are that all statements made is true; and further that these iffine or imprisonment, or bott any patent issued thereon. Sole or First Inventor: Silven Name (first and middle John P. City Port Mati	Telephonic merein of my own king statements were may, under 18 U.S.C.	nowledge a ade with the 1001 and) 634- ire true and the knowledge that such with A petit Vand	that all statems that willful false state ion has been Family en Heuve	Fax ments maise state ments r filed fo	(31 ide on is iments a nay jeop r this un	7) 637— Information an and the like spandize the variation in the like spandize	d belief are or made are alkidity of the artor
City Country I hereby deck believed to be punishable by application or Name of S Inventor's Signature Residence:	Indianapolis USA are that all statements made is true; and further that these iffice or imprisonment, or bott any patent issued thereon. Sole or First Inventor: Silven Name (first and middle John P. City Port Mati	Telephoninerein of my own kratatements were man, under 18 U.S.C. e [if any])	nowledge a ade with the 1001 and) 634- ire true and the knowledge that such with A petit Vand	that all statems that willful false state ion has been Family en Heuve	Fax ments maise state ments r filed fo	(31 ide on is iments a nay jeop r this un	7) 637— Information an and the like spandize the variation in the like spandize	d belief are or made are alkidity of the artor

1-00

Please	type	a plus	sign	(+) inside	tris	box	→	+	
--------	------	--------	------	------------	------	-----	----------	---	--

PTC/S8/02A (3-97)

Approved for use through 9/30/98. OMB 0851-0032

Patent and Trademark Office; U.S. DEPARTMENT OF COMMENCE

Valid OMB control number. valid OMB control number.

DECLARATION

ADDITIONAL INVENTOR(S) Supplemental Sheet Page ___ of ___

Name of Addition	nal Joint Inventor, if a	ny:		A petiti	on has been fil	ed for th	is unsigr	ned inv	entor
Given Na	me (first and middle (if any	'D			Family Na	Family Name or Surname			
Martha A,		•		Belury	<u></u>				
Inventor's Signature	Martha	a	Re	luy Date 7/26/0				7/26/co	
Residence: City	Redmond	State	WA W	Country	USA		Citizens	Np]	JS
Poet Office Address	9010 172nd Aven	ue NE							•
Post Office Address									
City	Redmond	State	WA	ZIP	98052	Country	USA		
Name of Additional Joint Inventor, if any: A petition has been filed for this unsigned inventor									
Given Nar			Family No	erne or S	umame				
Louise W,				Peck					
Inventor's Signature							Da	te	
Residence: City	Moscow	State	ID	Country	USA		Citize	nship	US
Post Office Address	430 E, Lewis S	treet							
Post Office Address									
City	Moscow	State	ID	ZIP	83843	Coun	ntry [ISA	•
Name of Addition	nal Joint Inventor, if a	ny:		A petiti	on has been fil	ed for th	is unsigr	hed inv	entor
Given Na	me (first and middle (if any	(1)			Family N	ame or S	Sumame		
inventor's Signature							Da	ite	
Residence: City		State		Country	,	•	Citize	nship	
Post Office Address									
Post Office Address					·				· ·
City		State		ZIP		c	ountry		

Burden Hour Statement: This form is estimated to take 0.4 hours to complete. Time will vary depending upon the needs of the individual case. Any comments on the amount of time you are required to complete this form should be sent to the Chief information Officer, Patent and Trademark Office, Washington, DC 20231. DO NOT SEND PEES OR COMPLETED FORMS TO THIS ADDRESS. SEND TO: Assistant Commissioner for Patents, Washington, DC 20231.



Please type	a plus	sign (+)	inside	this box	→	+

valid OMB control number.

DECLARATION

ADDITIONAL INVENTOR(S)
Supplemental Sheet
Page ___ of ___

				<u></u>							
Name of Addition	nal Joint Inventor, if an	y:			A petiti	on I	has been file	d for this	s unsigne	ed inv	entor
	me (first and middle (if any)						Family Nan				
Martha A,				В	elury	,					
inventor's Signature									Date		
Residence: City	Redmond	State	WA		Country		USA		Citizensh	ip I	JS
Post Office Address	9010 172nd Avenue NE									·	
Post Office Address											
City	Redmond	State	WA		ZIP	98	8052	Country	USA		
Name of Additional Joint Inventor, if any:											
Given Ner)					Family Nar	ne or Si	umame			
Louise W,				Peck							
inventor's Signature	Louise W	Pi	ch						Date	•	7/24/20
Residence: City	Moscow .	State	ID -	D	Country	,	USA		Citizen	ship	US
Post Office Address	430 E. Lewis St	reet									
Post Office Address											
City	Moscow	State	ID		ZIP		83843	Count	ן עין	SA	
Name of Addition	nal Joint inventor, if an	ià:			A petit	ion	has been file	d for thi	s unsign	ed inv	ration
Given Na	me (first and middle [if any	0					Family Na	me or S	umerne		
inventor's Signature					·				Dat		
Residence: City		State			Countr	y.	•		Citizen	ship	
Post Office Address									·		
Poet Office Address			т			₁					
City		State			Z21P	.		c	ountry		

Burden Hour Statement: This form is estimated to take 0.4 hours to complete. Time will vary depending upon the needs of the individual case comments on the amount of time you are required to complete this form should be sent to the Chief Information Officer, Patent and Tradit Officer, Washington, DC 20231. DO NOT SEND PRES OR COMPLETED PORMS TO THIS ADDRESS. SEND TO: Assistant Commission Patents, Washington, DC 20231.